

## **Adults Abused as Children Worldwide**

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Governor Bill Richardson  
Office of the Governor  
490 Old Santa Fe Trail  
Room 400  
Santa Fe, NM 87501

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Dear Governor Richardson,

I would like to introduce you to a pilot program that exists in no other State in America. It is a primary step in providing a solution that will help reduce future crime rates, especially domestic violence, rape, child abuse/assault and bring instead, a healthier approach toward a respectful life and humanity for all people, regardless of their ethnicity or cultural background.

While researching the New Mexico crime statistics from 1960 – 2000, I noticed that the population has doubled. The crime rate for violence however, rose a thousand percent from 1,360 to 13,786: rape from 117 to 922 and assault from 797 to 10,230. The crime of child molestation and child abuse was not even mentioned in these statistics.

<http://www.disastercenter.com/crime/nmcrimn.htm>

The NIC statistics suggests that, "The crime rate for the state of New Mexico is 22.11% higher than the national average. There are 25,600 adults under correctional supervision (prisons, jails, probation, and parole) in New Mexico and the correctional supervision rate (number of offenders supervised per 100,000) is 25.24% lower than the national average".

<http://nicic.org/StateCorrectionsStatistics/nm.htm>

Enchanted by the natural beauty and multicultural makeup of New Mexico, my husband and I have decided to move to Moriarty on May 1, 2005.

I will bring with me my thirteen years of experience working with adults abused as children, which I would like to offer to the state of New Mexico. The experience and knowledge I have gained, demonstrates how early childhood abuse affects adults later in life and how the devastating results of childhood abuse impacts society as a whole.

Details of my work can be found at: [www.aaacworld.org](http://www.aaacworld.org) (closed in 2016)  
My biography is revealed in detail at: <https://sieglindewalexander.com/>

One of the findings of my work is that any crimes committed by an adult go directly back to their roots of experienced violence in early childhood. The imprint received in childhood will show its effect in every adult's life. If violence dominated the life of a child, the reflection of it will be a repetition of the same.

To interrupt the generational cycle of violence we must begin healing the wounds inflicted by abuse, restore the respect never given to individuals, by providing a program that brings consciousness to the unconscious.

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My proposal is to establish two major programs:

- A Support-group where individuals find empathy, a chance to talk about their problems and experiences, in the past and present.
- A program that brings awareness to "what is abuse" which is accessible to all people in New Mexico.

I am far from being alone in my experience when I say that every person who has a chance to speak about their problems is less repressed/depressed, and much less likely to be violent and further, better able to live with disorders that originated in childhood abuse, or PTSD's that often lead ultimately to violent reactions.

As you know, prevention of crime has never exceeded the cost of crime correction. We all know that punishment by imprisonment has never reduced crime itself. All we do is lock up the criminal for a period of time and then release them into the same conditions that led to their incarceration in the first place.

All prisoners live with a disorder and/or PTSD. If they can find awareness and even healing, the possibility of re-offending after their release is reduced. This more than offsets the resources invested in their treatment.

As the state of New Mexico inevitably grows, together we have a chance to provide an enlightened, pragmatic foundation. Over time, this will bring prosperity and more employment possibilities to New Mexico.

The foundation of every state and country lies in its people. A relatively small budget program like I offer could make a difference nationally in how New Mexico is perceived. How healthy and productive a state is, depends on the conditions in which its citizens live, and on their general health.

I would be pleased to speak with you further regarding these matters.

Sincerely,  
Sieglinde W. Alexander